

WHEN SPIRITUAL IS NOT ENOUGH

(#2) NEW YEAR 2023



Western
Culture
polarised:

Post Christian

Christian Believers

Pre - Christian

Proverbs 4:23 *So above all, guard the affections of your heart, for they affect all that you are. Pay attention to the welfare of your innermost being, for from there flows the wellspring of life.*

1. Your Thoughts Reflect Your Season

(a) Focus your mind on the big picture:

Matthew 6:19-21 *Don't store up treasures here on earth, where moths eat them and rust destroys them, and where thieves break in and steal. Store your treasures in heaven, where moths and rust cannot destroy, and thieves do not break in and steal. Wherever your treasure is, there the desires of your heart will also be.*

Colossians 3:2 *Think about the things of heaven, not the things of earth.*

1. Your Thoughts Reflect Your Season

(b) Bring your anxious thoughts to God

Psalm 139:23-24 *Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.*



Philippians 4:6-9 *Don't worry about anything; instead, pray about everything. Tell God what you need and thank Him for all He has done. Then you will experience God's peace, which exceeds anything we can understand.*

His peace will guard your hearts and minds as you live in Christ Jesus. And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honourable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

Keep putting into practice all you learned and received from me – everything you heard from me and saw me doing. Then the God of peace will be with you.

2. The Word Highlights your Motive.

Hebrews 4:12 *For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.*

3. The Spirit Energises / Moves the Will.

2 Corinthians 10:3-6 *For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.*

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

And we will be ready to punish every act of disobedience, once your obedience is complete.