

A man and a woman are in a gym, performing a plank exercise. They are both holding dumbbells in their hands, resting on the floor. The man is in the foreground, wearing a blue t-shirt and dark shorts. The woman is behind him, wearing a teal sports bra and black leggings. They are both looking forward with determination. In the background, there are several large exercise balls in red and blue.

FAITH'S WORKOUT

The disciples cried out: “*Increase our faith!*”
(Luke 17:5)





Luke 17:6 *He replied, “If you have faith as small as a mustard seed, you can say to this mulberry tree, ‘be uprooted and planted in the sea’, and it will obey you.”*

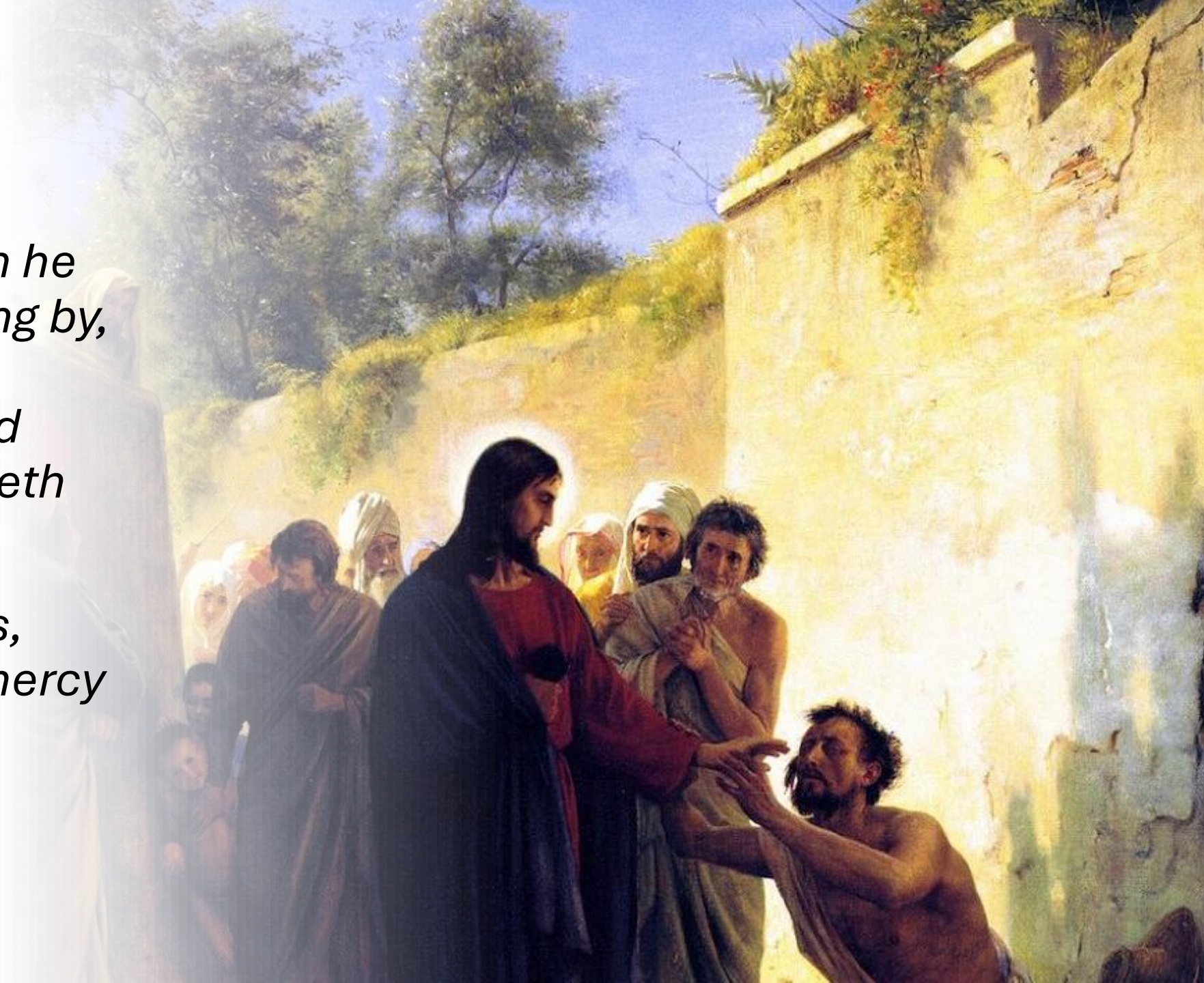
1. Faith's Opportunity

Luke 18:31-34 *Jesus took the Twelve aside and told them, "We are going up to Jerusalem, and everything that is written by the prophets about the Son of Man will be fulfilled. He will be handed over to the Gentiles. They will mock him, insult him, spit on him, flog him and kill him. On the third day, he will rise again."*

The disciples did not understand any of this. Its meaning was hidden from them, and they did not know what he was talking about.

Luke 18:36-38 *When he heard the crowd going by, he asked what was happening. They told him, “Jesus of Nazareth is passing by.”*

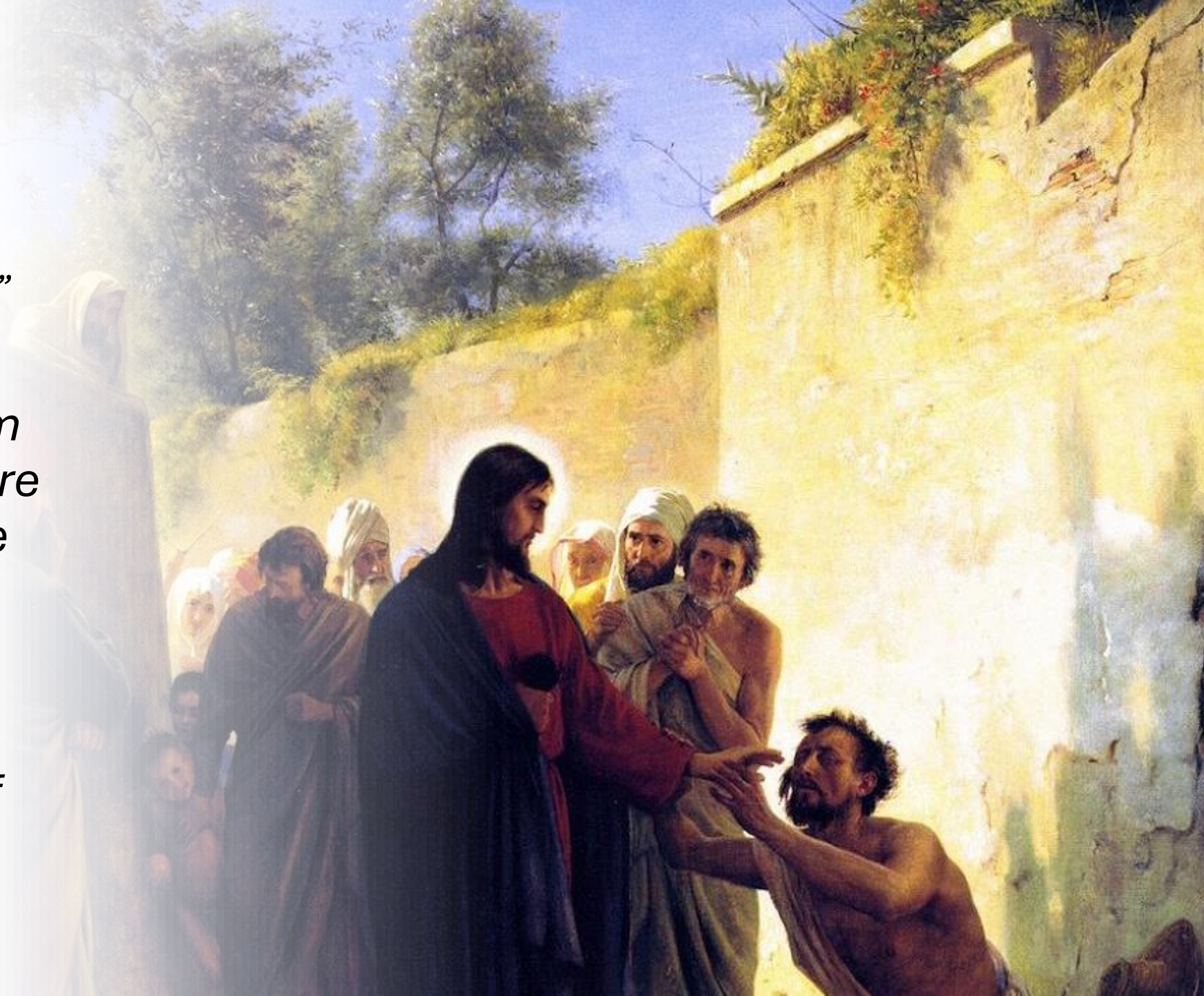
He called out, “Jesus, Son of David, have mercy on me!”



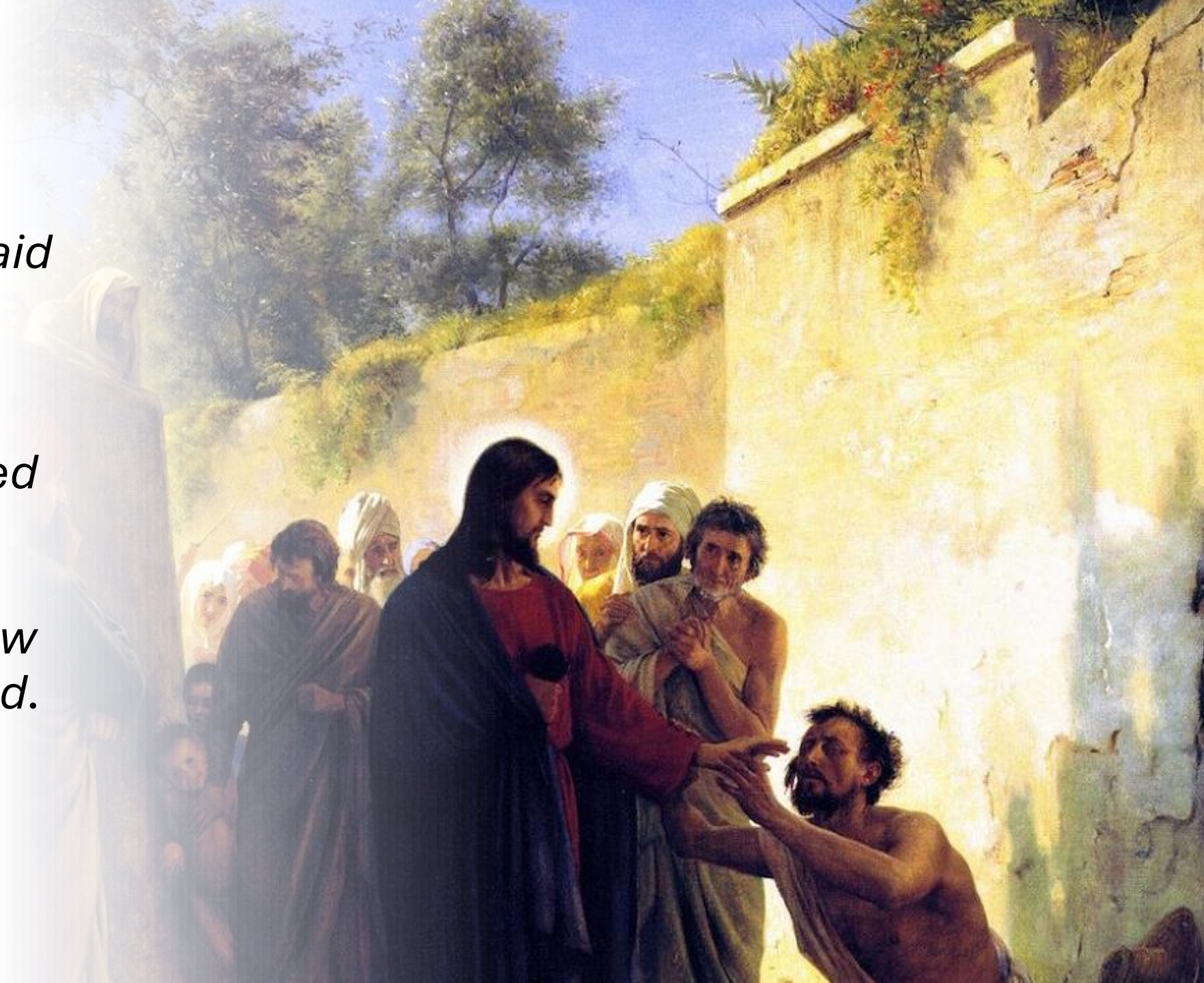
Luke 18:38 He called out, “Jesus, Son of David, have mercy on me!”

2 Samuel 7:16 *Your house and your kingdom will endure forever before men; your throne will be established forever.*

Isaiah 35:5 *“Then the eyes of the blind will be opened, and the ears of the deaf unstopped”*



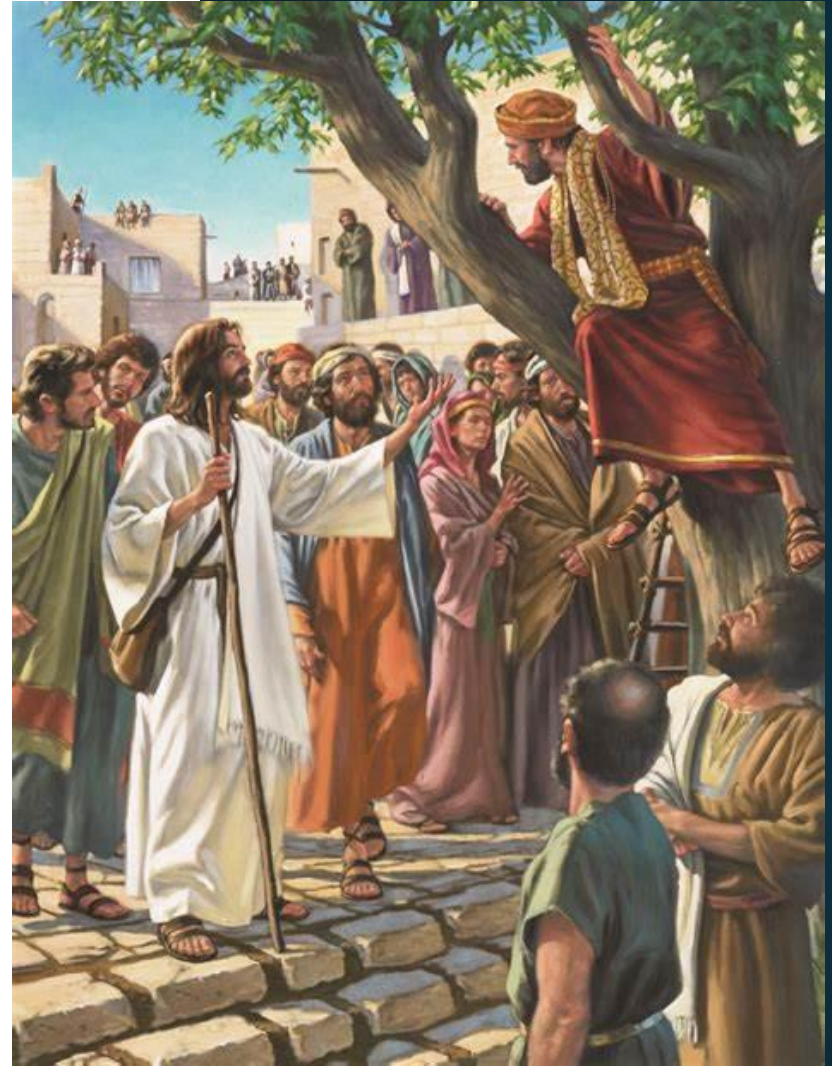
Luke 18:42-43 *Jesus said to him, "Receive your sight; your faith has healed you." Immediately he received his sight and followed Jesus, praising God. When all the people saw it, they also praised God.*



2. Faith's Reward.

Luke 19:5 *When Jesus reached the spot, he looked up and said to him, "Zacchaeus, come down immediately. I must stay at your house today."*

- Jesus knew him by name.



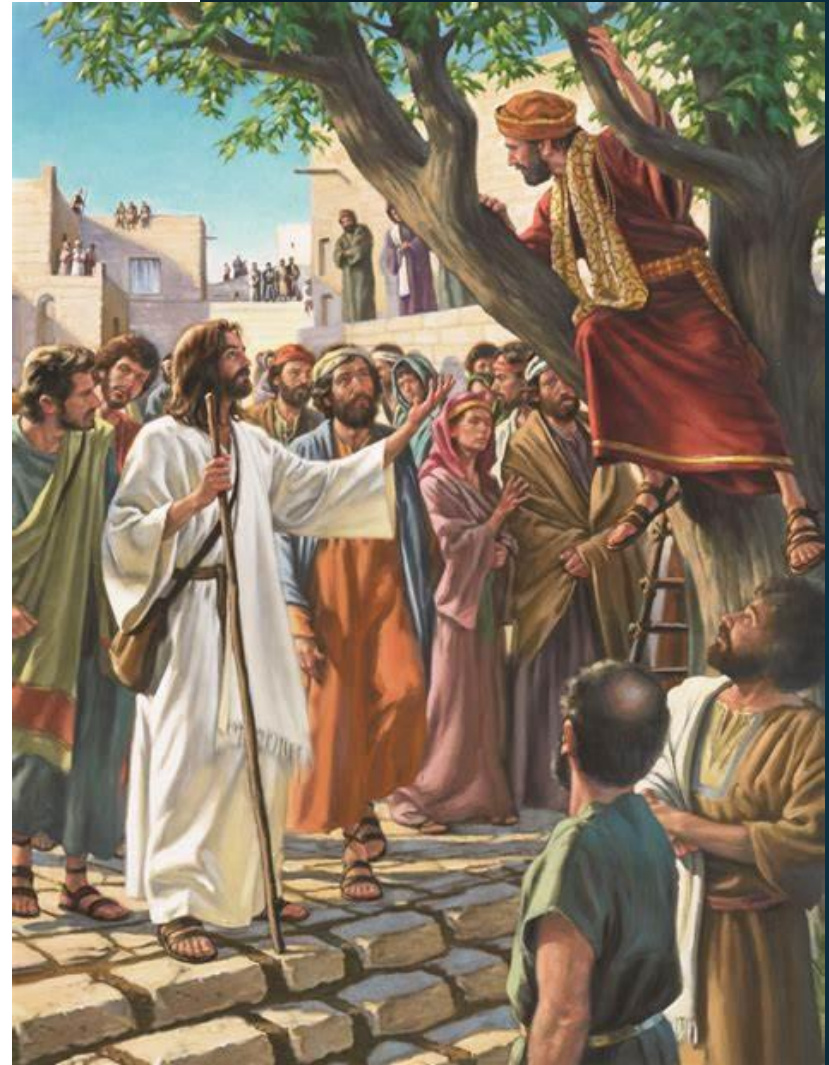
2. Faith's Reward.

Zacchaeus' choices:

- Do I welcome Him into my home?
- Do I turn from my old lifestyle?

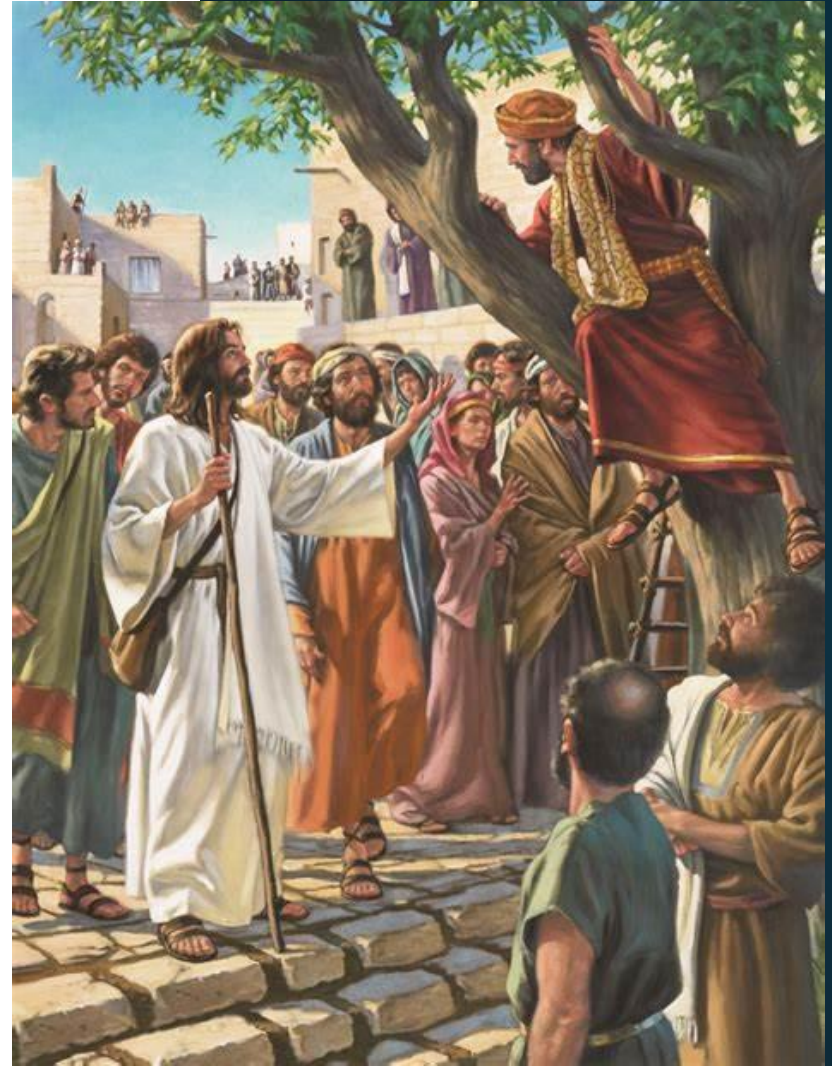
Romans 2:4 *Or do you show contempt for the riches of his kindness, tolerance and patience, not realising that God's kindness leads you toward repentance?*

Luke 19:8 *But Zacchaeus stood up and said to the Lord, "Look, Lord! Here and now I give half of my possessions to the poor, and if I have cheated anybody out of anything, I will pay back four times the amount."*



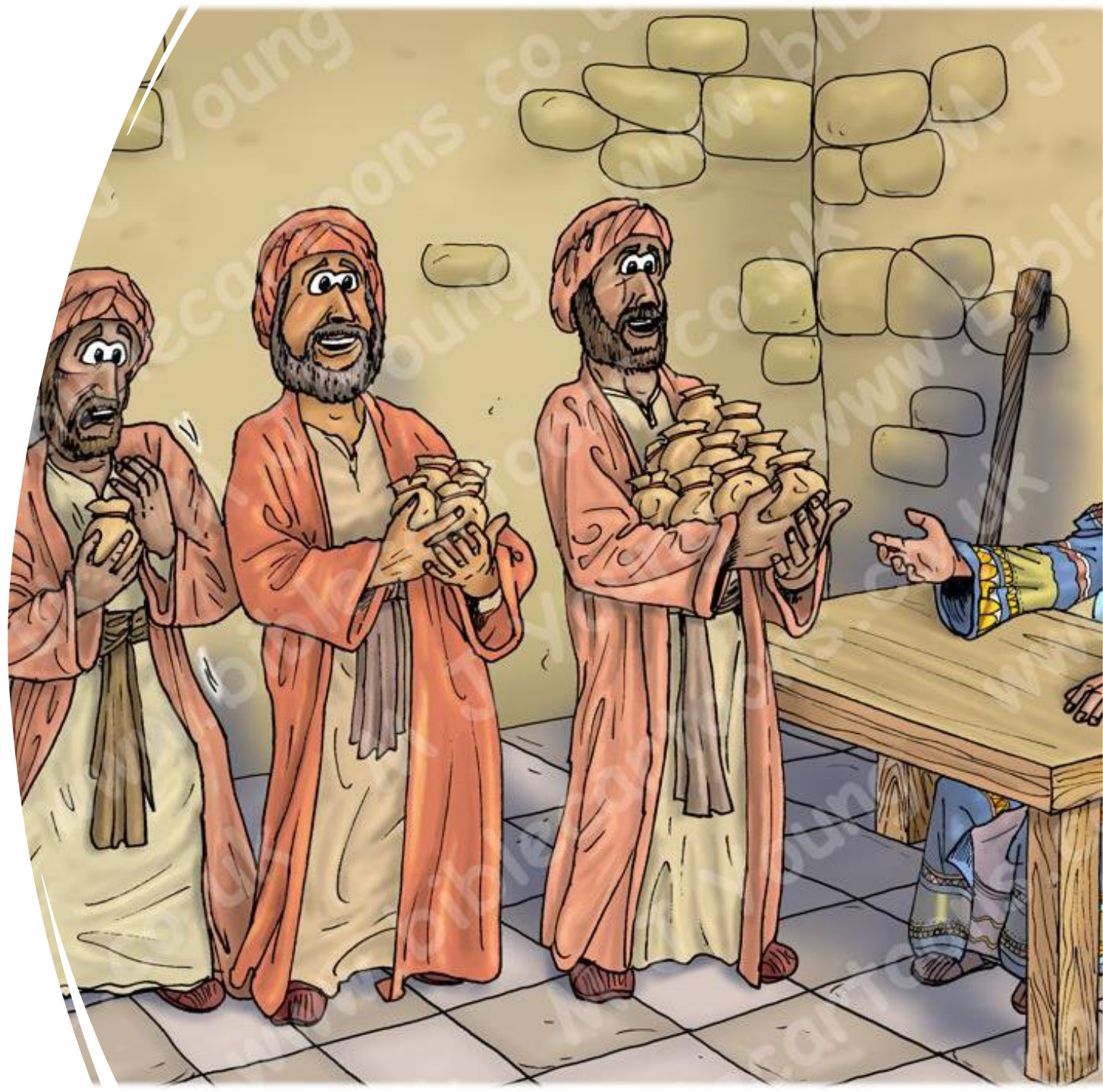
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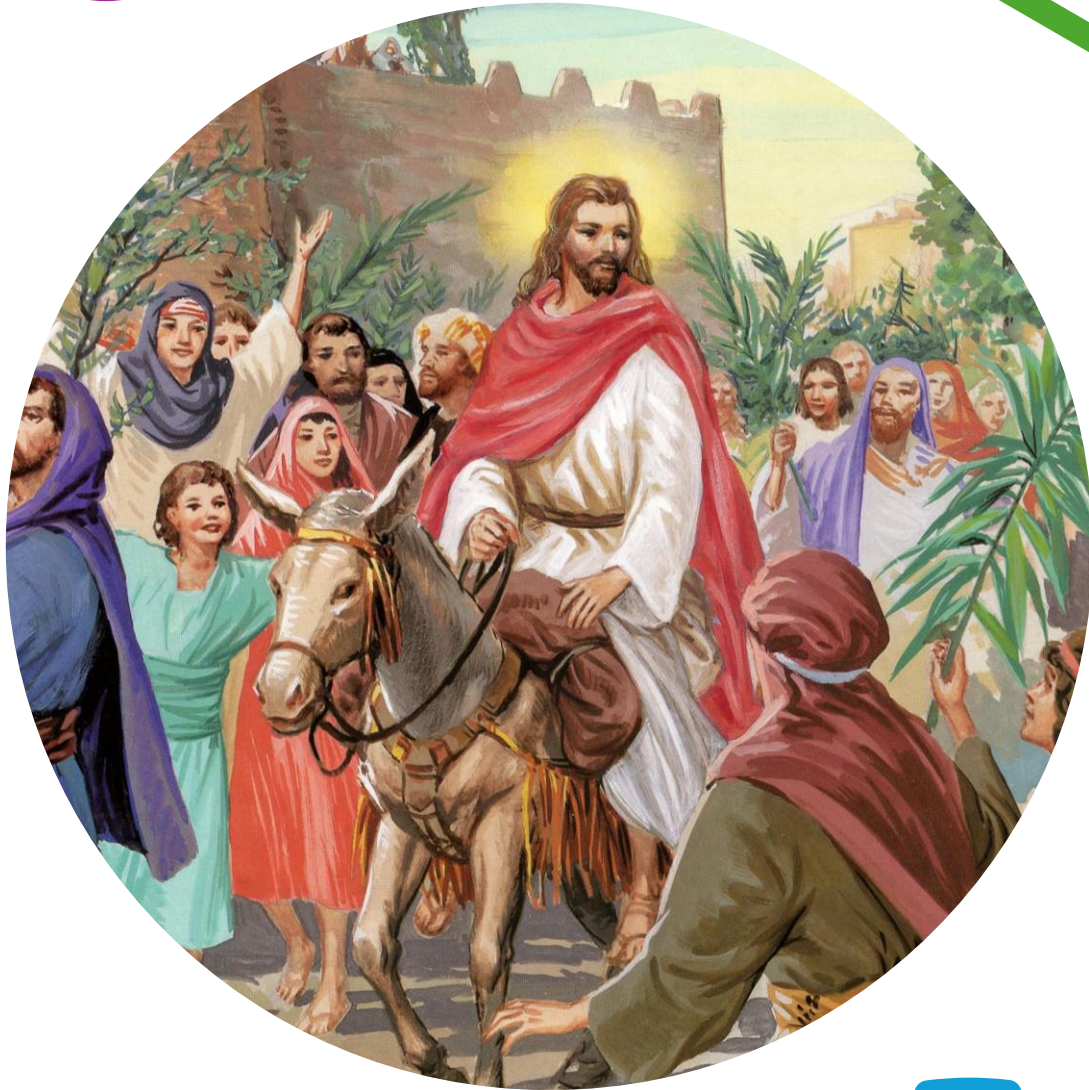
Luke 19:9-10 *Jesus said to him, "Today salvation has come to this house, because this man, too, is a son of Abraham. For the Son of Man came to seek and to save what was lost."*



3. Faith's Works.

Luke 19:21 *“I was afraid of you, because you are a hard man. You take what you did not put in and reap what you did not sow.”*





4. Faith's Outcome.

- Jesus entered Jerusalem

Luke 19:38-40 *“Blessed is the king who comes in the name of the Lord!”
“Peace in heaven and glory in the highest!”*

Some of the Pharisees in the crowd said to Jesus, “Teacher, rebuke your disciples!”

“I tell you,” he replied, “if they keep quiet, the stones will cry out.”



4. Faith's Outcome.

Luke 19:41-42 *As he approached Jerusalem and saw the city, he wept over it and said, "if you, even you, had only known on this day what would bring you peace – but now it is hidden from your eyes."*

4. Faith's Outcome.

Matthew 5:9 *Blessed are the peacemakers, for they will be called sons of God.*